

# OPIOID ALTERNATIVE PROJECT

## Clinician Training Materials Treatment Guidelines Poster



### Musculoskeletal

Ibuprofen PO 600 mg *OR*  
Ketorolac 15 mg IV/30 mg IM  
Lidoderm Patch

Spasm

Cyclobenzaprine 5 mg PO *OR*  
Diazepam 5 mg PO

Ketamine  
Gabapentin  
Trigger Point Injections  
Ketorolac  
Dexamethasone



### Headache

Prochlorperazine 10 mg PO / IV *OR* Metoclopramide 10 mg IV  
Ketorolac 15 mg IV *OR* 30 mg IM  
Sphenopalatine block, occipital block, or Trigger Point Injection  
Acetaminophen 1000 mg PO + Ibuprofen 600 mg PO  
1 L 0.9% NS + high-flow oxygen  
Sumatriptan 6 mg SC

Lidocaine IV  
Caffeine  
Ketamine  
Promethazine  
Dexamethasone  
Haloperidol  
Magnesium  
Valproic acid  
Propofol

Diphenhydramine and 2nd dose of  
Metoclopramide at provider's discretion



### Abdominal Pain

Haloperidol 5mg IV  
Acetaminophen 1000mg PO *OR*  
Ketorolac 15 mg IV *OR* 30mg IM  
Metoclopramide 10 mg IV  
Prochlorperazine 10 mg IV  
Diphenhydramine 25 mg IV  
Dicyclomine 20 mg PO/IM  
  
(Cannabinoid Hyperemesis)  
Capsaicin Cream

Haloperidol  
Ketamine  
Lidocaine

Repeat First Approach  
drugs and diphenhydramine  
as secondary medication at  
provider's discretion



### Dental Pain

Acetaminophen 1000 mg PO  
Ketorolac 30 mg IM  
Dental Block



### Renal Colic

Acetaminophen 1000 mg PO or IV  
Ketorolac 15 mg IV *OR* 30 mg IM

1 L NS Bolus and Antiemetic as needed

Lidocaine IV *AND/OR* Ketamine